Certificate Program in Trauma Counseling
Testimony from clinicians participating in the Certificate Program in Trauma Counseling

"The certificate in trauma counseling has made me more knowledgeable of the etiology of trauma and PTSD in the children and adults of the cases I supervise. It has made me more sensitive to seeing the underpinnings of trauma such as sex abuse and domestic violence, which often results in the acting out behaviors of children and the alcohol and substance abuse of adults."

"My work with clients has been positively impacted by taking courses in the trauma certificate area at UB through gaining up to date, research based knowledge of most effective treatments, as well as information on treatment interventions being found helpful with additional research needed. I have confidence that the interventions I choose will be the most likely to contribute to the client reaching their objectives."

"...I was exposed to excellent experienced trauma instructors. They enhanced my knowledge and understanding of trauma. Integrating this knowledge increased my own competence, as I applied varied treatments learned in the workshops, further providing positive outcomes for my clients. These workshops were invaluable, a must for any therapist!"

"The Trauma Certificate Program has given me a good foundation of knowledge in order to identify how trauma related symptoms impact the lives of my clients. I am able to develop treatment plans with a deeper understanding and ability to differentiate between trauma related symptoms and other disorders. This knowledge has helped me collaborate more effectively with my clients' mental health providers."

"I have found the program to be a great asset to my knowledge in working with families and adolescents. It has given me new opportunities and suggestions as well as opening the door to a view of different perspectives."
A high percentage of personal problems that present in a wide range of service settings, are driven by traumatic experiences which contribute to the origins of their treatment needs. Trauma survivors make up a large percentage of the clients in most service settings, yet few settings include services to meet their needs. This makes it hard to engage, retain and effectively treat these individuals and their families. This combined with research demonstrating that psychological trauma contributes significantly to the development of many problems, such as many psychiatric disorders, addictions, behavioral disorders, suicidal behavior, personality disorders, and violent behavior, makes it essential for human services staff to deliver trauma-informed services regardless of the agency setting.

Through participation in the Trauma Counseling Certificate Program, professionals can improve their knowledge and skills so they can better understand and engage this population, and set up the most meaningful, effective treatment services. Theory and intervention skills will be covered through Required courses, selection of at least one Skill Intervention course and selection of various Elective courses.

We are living proof.
Trauma Counseling Certificate Requirements

You may take up to 3 years to complete this continuing education certificate program for a total of 96 non-credit training hours.

• 48 hours of six Required courses for a foundation of theory and practical knowledge
  - Overview of the Nature and Treatment of Trauma (12 hours)
  - Self-Care and Vicarious Traumatization (6 hours)
  - Individual Approaches to Trauma Treatment Parts 1 & 2 (12 hours)
  - Group Approaches to Trauma Treatment (6 hours)
  - Trauma and Addiction (6 hours) *The 3 credit course Dual Disorders course may be substituted.
  - Treatment Issues for Adult Survivors of Childhood Sexual Abuse (6 hours) *The 3 credit course Adult Survivors of Childhood Sexual Abuse may be substituted.

• Select at least one 12 hour Skill Intervention course (other skill interventions count as Electives if chosen):
  Schema Focused Therapy (12 hours), EMDR (a 3 credit course through the University at Buffalo School of Social Work counted as 12 hours), Critical Incident Stress Interventions (12 hours), and Prolonged Exposure (12 hours)

• Select your choice of 36 hours of Trauma Elective Courses that are most relevant to your training needs.

Note: The following University at Buffalo School of Social Work Credit courses, taken up to 3 years prior to your first Trauma workshop, can count as a 6 hour Elective:

• Trauma and Grief
• Assessment and Treatment of Childhood Maltreatment
• Family Treatment Approaches to Trauma
• Crisis Interventions.
TRAUMA COUNSELING CERTIFICATE PROGRAM APPLICATION

Admission Requirements:
• A Bachelor’s degree in a human services discipline and one year of direct client contact. **SEND RESUME and COPY OF DEGREE.**

OR
• Currently enrolled in or have completed a Master’s degree program in an applicable human service discipline. **SEND PROOF OF CURRENT ENROLLMENT OR DEGREE and RESUME.**

**A NON-REFUNDABLE APPLICATION FEE OF $15 MUST BE INCLUDED.**

Name: _____________________________________________________________

Home Address: _____________________________________________________

___________________________________________________________________

Phone: (H)___________________________ (W)___________________________

E-mail:___________________________________________________________

Agency Name: ______________________________________________________

Job Title: __________________________________________________________

Payment Method:
☐ A check payable to **Research Foundation of SUNY**, in the amount of $15 is enclosed.

☐ COMPLETE SECTION BELOW IF PAYING BY CREDIT CARD.

Print name as it appears on card: ______________________________________

Credit Card Number:____________________________________________

Expiration Date: ____________

Signature: _______________________________________________________

Charge will appear as UB Foundation of SUNY on your statement.

**Send application, documentation, resume and $15 fee to:**
Continuing Education Certificate Programs
University at Buffalo School of Social Work
232 Parker Hall
Buffalo, NY 14214-8004

FOR OFFICE USE ONLY

ACCEPTED:     YES     NO
DATE RECEIVED: ____________________
DATE SENT: ________________________