

School of Social Welfare
The University at Albany
State University of New York
Albany, New York 12222

Disasters: Social Work Interventions

RSSW 731/15556
Fall 2006
Thursdays, 4:15-7:05pm
Rm. Draper 303

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Office hours: By appointment
442-5324 – w
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Course Description

This course will promote knowledge and multi modal skill development in social work practice in disaster related work. Students will acquire skills in community mobilization, collaborative practices, and support group facilitation. Special attention will be paid to evidence based crisis and trauma responses, and efficacy concerns surrounding critical incident debriefing. Recovery strategies and treatment technologies will be presented. Students will be expected to demonstrate skill acquisition through simulations and community based service plans.

Learning Goals:

- 1) Students will become knowledgeable about the evidence base for differential responses to varying types of disasters, especially focusing on clinical interventions.
- 2) Students will be able to differentiate among the similarities and differences involving natural, technological and politically and socially induced disasters.
- 3) Students will become conversant about theoretical and empirical sources that inform social work practices in disasters.
- 4) Students will be able to describe the type of trauma, stresses and phases of recovery involved with disasters.
- 5) Students will demonstrate analytical skills and cultural competency in discerning appropriate interventions, given different kinds of events and their effects, especially trauma related.
- 6) Student will become cognizant of the social justice dimension of disaster work, examining the vulnerabilities of the most disenfranchised and marginalized populations.
- 7) Students will demonstrate skills in trauma mitigation in group based simulations.
- 8) Students will become knowledgeable about cross-cultural and cross-national disaster work.

Assignments and Grading:

- 1) Class participation -20%
- 2) Students will prepare a research informed term paper that compiles the evidence for approaches and interventions given a certain kind of disaster. It is expected that a minimum of 10 articles will be reviewed. Based on the review of findings and a critique, students will then propose some improved approach, along with relevant research including a demonstration project. Papers should be limited to 12 pages. Papers are due the 12th week of the semester- 40%
- 3) Students will develop a skill/ experiential strategy to demonstrate new ways to handle some phase of a disaster. This skill based simulation can include group based trauma mitigation. Students may undertake a service learning project or to do a video or a role play that demonstrates new skills, approaches, and knowledge applications.-40%

Textbooks

Myers, D., & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge.

Optional: Rosenfeld, L.B., Caye, J.S., Ayalon, O., & Lahad, M. (2005) When Their World Falls Apart: Helping Families and Children Manage the Effects of Disasters. Washington DC:NASW Press

***Required readings** PASSWORD: LAWS731

Sept. 7 Week I.

Disasters: definitions scope, nature, and classification systems

Phase specific interventions; disasters and catastrophes

Social work and the evidence base for interventions

- *Myers, D. & Wee, D.F., 2005. "Disasters and Their Impact." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 3-40.
- *Kessler, R. (2006) Mental illness and suicidality after hurricane Katrina. Bulletin of the World Health Organization. Retrieve at <http://www.who.int/bulletin/en>
- *Bankoff, Greg. (2003) Vulnerability as a Measure of Change in Society. Journal of Mass Emergencies and Disasters, Vol 21 (2)
- *Duarte, C., Hoven, C.W., Wu, P., Bin, F., Cotel, S., Mandell, D.J., Nagasawa, M., Balaban, V., Wernikoff, L., Markenson, D. (2006) Posttraumatic Stress in Children With First Responders in Their Families. Journal of Traumatic Stress, Vol. 19 (2)

- Webb, Nancy. 2004. "The Impact of Traumatic Stress and Loss on Children and Families." In Webb, N. (Ed), Mass Trauma and Violence. New York, NY. Guilford Press. Pgs. 3-22.
- Nader, K., 2004. "Treating Traumatized Children and Adolescents." In Webb, N. (Ed), Mass Trauma and Violence. New York, NY. Guilford Press. Pgs. 3-22
- Rosenfeld, L.B., Caye, J.S., Avalon, O., & Iahad, M., 2005. When Their World Falls Apart: Helping Families and Children Manage the Effects of Disasters. Washington, DC: NASW Press. Chapter 2, pgs. 29-60.
- Beresford, L., 2003. "Looking Back at Columbine." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs.41-52.
- Doka, K.J., 2003. "What Makes a Tragedy Public?" In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 3-14
- Eyerdam, R., 2003. "Hurricane Andrew." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs 27-40
- Galambos, C. M. (2005) Natural Disasters: Health and Mental Health Considerations. Health and Social Work, Vol. 30, No. 2, May, 83-86
- Lopez-Ibor, J.J., 2005. "What is a Disaster?" In Lopez-Ibor, J.J., Christodoulou, G., Maj, M., Sartorius, N., & Oskasha, A., (Eds), Disasters and Mental Health. Hoboken, NJ.: John Wiley & Sons Ltd.. Pgs. 1-12
- Schachter, S.R., 2003. "9/11: A Grief Therapist's Journal." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs 15-26
- Trickett, E.J., 1995. "The Community Context of Disaster and Traumatic Stress: An Ecological Perspective from Community Psychology." In Hobfoll, S.E., & de Vries, M.W., (Eds), Extreme Stress and Communities: Impact and Intervention. Netherlands: Kluwer Academic Publishers. Pgs. 11-25.
- Warheit, G.J., 1988. "Disasters and Their Mental Health Consequences: Issues, Findings, and Future Trends. In Lystad, M., (Ed), Mental Health Response to Mass Emergencies, Theory and Practice. New York: Brunner/Mazel, Inc. Pgs. 3-21

Sept. 14 Week II.

Populations affected:

Discerning impacts based on type of disaster, post disaster environment

- *Myers, D., & Wee, D.F., 2005. "Special Populations in Disaster." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 41-70.
- *Bramsen, I., van der Ploeg, H.M., Boers, M. (2006) Posttraumatic Stress in Aging World War II Survivors after a Fireworks Disaster: A Controlled Prospective Study. Journal of Traumatic Stress, Vol.19 (2)

- *Pfefferbaum, B., Stuber, J., Galea, S., Fairbrother, G. (2006) Panic Reactions to Terrorist Attacks and Probable Posttraumatic Stress Disorder in Adolescents. Journal of Traumatic Stress, Vol. 19 (2)
- *O'Hare, T., Sherrer, M., Shen, C. (2006) Subjective Distress From Stressful Events and High-Risk Behaviors as Predictors of PTSD Symptom severity in Clients With Severe Mental Illness. Journal of Traumatic Stress, Vol. 19 (3)
- *Rosenfeld, L.B., Caye, J.S., Avalon, O., & Iahad, M., 2005. When Their World Falls Apart: Helping Families and Children Manage the Effects of Disasters. Washington, DC: NASW Press. Chapter 7, pgs 191-220.
- Mascelli, A.T., 1988. "American Red Cross Disaster Services." In Lystad, M., (Ed), Mental Health Response to Mass Emergencies, Theory and Practice. New York: Brunner/Mazel, Inc. Pgs. 133-159.
- Cable, D.G., & Martin, T.L., 2003. "Effects of Public Tragedy on First Responders." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 77-84.
- Corr, C.A., 2003. "Loss, Grief, and Trauma in Public Tragedy." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 63-76.
- Yehuda, R., & Bierer, L.M., 2005. "Re-evaluating the Link between Disasters and Psychopathology." In Lopez-Ibor, J.J., Christodoulou, G., Maj, M., Sartorius, N., & Oskasha, A., (Eds), Disasters and Mental Health. Hoboken, NJ.: John Wiley & Sons Ltd. Pgs. 65-80.
- Zakour, M. J., & Harrell, E. B., &. (2003) Access to Disaster Services: Social Work Interventions for Vulnerable Populations. Journal of Social Service Research, Vol. 30(2) 2003.

Sept. 21, 28, Weeks III -IV

Services and models

Disasters and sequelae

- * Williams, M., Sommer, J., 1994. "Toward the Development of a Generic Model of PTSD Treatment." In Williams, M., Sommer, J. (Eds), Handbook of Post-Traumatic Therapy. Westport, CT Greenwood Press. Pgs.551-563.
- *Norris, F. (2006) Disaster Research Methods: Past Progress and Future Directions. Journal of Traumatic Stress, Vol. 19 (2)
- *Drabek, Thomas, T. (2002) Emergent Phenomena and Multiorganizational Coordination in Disasters: Lessons from the Research Literature. Journal of Mass Emergencies and Disasters, Vol. 20 (2)
- *Calhoun, L. Tedeschi, R., 2000. "Early Posttraumatic Interventions: Facilitating Possibilities for Growth." In Violanti, J., Paton, D., Dunning, C. (Eds), Posttraumatic Stress Intervention. Springfield, Illinois. Charles Thomas Publisher, LTD. Pgs. 135-152.
- *Jerusalem, M., Kaniasty, K., Lehman, D.R., Ritter, C., & Turnbull, G.J., 1995. "Individual and Community Stress: Integration of Approaches at Different Levels." In Hobfoll, S.E., & de Vries, M.W., (Eds), Extreme Stress and

- Communities: Impact and Intervention. Netherlands: Kluwer Academic Publishers. Pgs. 105-130.
- *Fullerton, C.S., & Ursano, R.J., 2005. "Psychological and Psychopathological Consequences of Disasters." In Lopez-Ibor, J.J., Christodoulou, G., Maj, M., Sartorius, N., & Oskasha, A., (Eds), Disasters and Mental Health. Hoboken, NJ.: John Wiley & Sons Ltd. Pgs. 13-36.
- *Puig, M. E., & Glynn, J. B. (2003) Disaster Responders: A Cross-Cultural Approach to Recovery and Relief Work. Journal of Social Service Research, Vol. 30(2)
- *Green, B.L., 1995. "Long-Term Consequences of Disasters." In Hobfoll, S.E., & de Vries, M.W., (Eds), Extreme Stress and Communities: Impact and Intervention. Netherlands: Kluwer Academic Publishers. Pgs. 307-324.
- Chung, M. C., Dennis, I., Easthope, Y., Farmer, S., & Werrett, J. (2005) Differentiating Posttraumatic Stress between Elderly and Younger Residents. Psychiatry, 68(2) Summer 2005
- Kreuger, L., & Stretch, J. (2003) Identifying and Helping Long Term Child and Adolescent Disaster Victims: Model and Method. Journal of Social Service Research, Vol. 30(2) 2003.
- Meichenbaum, D., 1995. "Disasters, Stress and Cognition." In Hobfoll, S.E., & de Vries, M.W., (Eds), Extreme Stress and Communities: Impact and Intervention. Netherlands: Kluwer Academic Publishers. Pgs. 33-62.

Oct. 5th no class, re-scheduled for Oct. 19th

Oct. 12 & 19th, weeks VI and VII

Stress and coping, acute stress, trauma, PTSD

Critical incident debriefing; stress management, secondary trauma: introduction to essential skills

- *Myers, D., & Wee, D.F., 2005. "CODE-C: A Model For Disaster Mental Health Service Delivery." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 73-96.
- *Myers, D., & Wee, D.F., 2005. "Stress Management And Prevention Of Compassion Fatigue For Psychotraumatologists." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 97-141.
- *Myers, D., & Wee, D.F., 2005. "Critical Incident Stress Management In Large-Scale Disasters." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 143-210.
- *Shipherd, J., Street, A., Resick, A., 2006. "Cognitive Therapy for Posttraumatic Stress Disorder." In Follette, V., Ruzek, J. (Eds), Cognitive-Behavioral Therapies for Trauma. New York, NY. Guilford Press. Pgs.96-116.
- *Fields, R., 1996. "Severe Stress and the Elderly: Are Older Adults at Increased Risk for Posttraumatic Stress Disorder?" In Ruskin, P., & Talbott, J., (Eds), Aging and Posttraumatic Stress and Disorder. Washington, DC: American Psychiatric Press, Inc. Pgs. 79-100.
- *O'Kearney, R., & Perrott, K., (2006) Trauma Narratives in Posttraumatic Stress Disorder: A Review. Journal of Traumatic Stress, Vol. 19 (1)

- Bryant, R., 2006. "Cognitive-Behavioral Therapy for Acute Stress Disorder." In Follette, V., Ruzek, J. (Eds), Cognitive-Behavioral Therapies for Trauma. New York, NY. Guilford Press. Pgs. 201-227
- Wagner, A., Linehan, M., 2006. "Applications of Dialectical Behavior Therapy to Posttraumatic Stress Disorder and Related Problems." In Follette, V., Ruzek, J. (Eds), Cognitive-Behavioral Therapies for Trauma. New York, NY. Guilford Press. Pgs.117-145.
- Goodman, R., 2004. "Treatment of Childhood Traumatic Grief." In Webb, N. (Ed), Mass Trauma and Violence. New York, NY. Guilford Press. Pgs. 77-99.
- Rosenfeld, L.B., Caye, J.S., Avalon, O., & lahad, M., 2005. When Their World Falls Apart: Helping Families and Children Manage the Effects of Disasters. Washington, DC: NASW Press. Chapters 8, 9, 10, 11, pgs 223-378.
- Armstrong, K.R., Lund, P.E., McWright, L.T., & Tichenor, V. (1995) Multiple Stressor Debriefing and the American Red Cross: The East Bay Hills Fire Experience. Social Work, vol. 40, no. 1, Jan .
- Knox, K., & Roberts, A. R. (2003) Crisis Intervention and Crisis Team Models in Schools. Children and Schools, vol.27., no 2, April, 93-100
- Miller, J. (2003) Critical Incident Debriefing and Social Work: Expanding the Frame. Journal of Social Service Research, Vol. 30(2), 2003.
- Basoglu, M., Salcioglu, E., Livanou, M., Kalender, D., & Acar, G. (2005) Single-Session Behavioral Treatment of Earthquake-Related Posttraumatic Stress Disorder: A Randomized Waiting List Controlled Trial. Journal of Traumatic Stress, Vol 18, No. 1, February 2005.
- Dunning, C., 1988. "Intervention Strategies for Emergency Workers." In Lystad, M., (Ed), Mental Health Response To Mass Emergencies, Theory and Practice. New York: Brunner/Mazel, Inc. Pgs. 284-307.
- Gamino, L.A., 2003. "Critical Incident Stress Management and Other Crisis Counseling Approaches." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 123-138.
- Lomranz, J., 1995. "Endurance and Living: Long-Term Effects of the Holocaust." In Hobfoll, S.E., & de Vries, M.W., (Eds), Extreme Stress and Communities: Impact and Intervention. Netherlands: Kluwer Academic Publishers. Pgs. 325-352.
- Mirzamani, M., & Bolton, D. (2003) Mother's Psychological Adjustment Following Disaster Affecting Their Children. The Journal of Psychology, 137(1), 54-62

Oct. 26, Week VIII

Peer services, support groups, recovery

- *Myers, D., & Wee, D.F., 2005. "Support Groups In Disaster Mental Health Programs." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 211-236.
- *Creamer, M., 1995. "Beyond the "Victim": Secondary Traumatic Stress." In Kleber, R., Figley, C., Gersons, B., (Eds), Beyond Trauma. New York, NY. Plenum Press, Pgs. 75-98.

- *Rothbaum, B., Foa, E. 1992. "Cognitive-Behavioral Treatment of Posttraumatic Stress Disorder." In Goldstein, A., Krasner, L., Garfield, S. (Eds), Posttraumatic Stress Disorder. Needham Heights, MA. Allyn and Bacon Press, Pgs. 85-110.
- *Guay, S., Billette, V., Marchand, A. (2006) Exploring the Links Between Posttraumatic Stress Disorder and Social Support: Processes and Potential Research Avenues. Journal of Traumatic Stress, Vol. 19 (3)
- *Stapleton, J.A., Taylor, S., Asmundson, G.J.G. (2006) Effects of Three PTSD Treatments on Anger and Guilt: Exposure Therapy Eye Movement Desensitization and Reprocessing, and Relaxation Training. Journal of Traumatic Stress, Vol. 19 (1)
- Hartley, B., 2004. "Bereavement Groups Soon After Traumatic Death." In Webb, N. (Ed), Mass Trauma and Violence. New York, NY.: Guilford Press. Pgs. 167-190.
- Shear, K., Frank, E., 2006. "Treatment of Complicated Grief." In Follette, V., Ruzek, J. (Eds), Cognitive-Behavioral Therapies for Trauma. New York, NY. Guilford Press. Pgs. 290-320.
- Michael, S., Lurie, E., Russell, N., & Unger, L. (1985) Rapid Response Mutual Aid Groups: A New Response to Social Crises and Natural Disasters. Social Work May/ June, 245-252
- Rando, T.A., 2003. "Public Tragedy and Complicated Mourning." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 263-274.
- Rogge, M. E. (2003) The Future Is Now: Social Work, Disaster Management, and Traumatic Stress in the 21st Century. Journal of Social Service Research, Vol. 30(2) 2003
- Sarason, I.G., Sarason, B.R., & Pierce, G.R., 1995. "Stress and Social Support." In Hobfoll, S.E., & de Vries, M.W., (Eds), Extreme Stress and Communities: Impact and Intervention. Netherlands: Kluwer Academic Publishers. Pgs. 179-197.
- Young, M.A., 2003. "Victim Advocacy in the Aftermath of Tragedy." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 219-230.

Nov. 2, Week IX

Emergency preparedness:

Terrorism, WMD

- *Myers, D., & Wee, D.F., 2005. "Weapons Of Mass Destruction And Terrorism: Mental Health Issues And Interventions." In Myers, D, & Wee, D.F., 2005. Disaster Mental Health Services. New York: Brunner-Routledge. Pgs. 239-269.
- *Schaal, S., & Elbert T., (2006) Ten Years After the Genocide: Trauma Confrontation and Posttraumatic Stress in Rwandan Adolescents. Journal of Traumatic Stress, Vol. 19 (1)
- *Eisenman, D., Weine, S., Green, B., de Jong, J., Rayburn N., Ventevogel, P., Keller, A., Agani, F. (2006) The ISTSS/Rand Guidelines on Mental Health Training of Primary Healthcare Providers for Trauma-Exposed Populations in Conflict-Affected Countries. Journal of Traumatic Stress, Vol. 19 (1)

- Tsui, M., & Cheung, C. H. (2003) Dealing with Terrorism: What Social Workers Should and Can Do. Social Work, Oct 1, 2003.
- Perry, R.W., & Nigg, J.A., 1988. Emergency Preparedness and Response Planning: An Intergovernmental Perspective.” In Lystad, M., (Ed), Mental Health Response To Mass Emergencies, Theory and Practice. New York: Brunner/Mazel, Inc. Pgs. 346-370.
- Calhoun, C. (2004) A World of Emergencies: Fear, Intervention, and the Limits of Cosmopolitan Order.
- Silove, D., & Zwi, A. B. (2005) Translating compassion into psychosocial aid after the tsunami. The Lancet, Vol. 365, January 22, 2005

Browse:

PrepareNow.Org
 FEMA:Preparedness Guides and Links
 SAMSHA Training Manual
 American Red Cross

Nov. 9, Week X

Capacity building for disaster work

Lesson drawing

- *Ehrenkranz, S. (2003) Police Social-Work Collaboration in Response to World Trade Center Attacks. Journal of Mass Emergencies and Disasters, Vol.21 (3)
- Fang, L., Chen, T., 2004. “Community Outreach and Education to Deal with Cultural Resistance to Mental Health Services.” In Webb, N. (Ed), Mass Trauma and Violence. New York, NY. Guilford Press. Pgs. 234-255
- Itzhaky, H., & York, A. S. The Role of the Social Worker on the Face of Terrorism: Israeli Community-Based Experience. Social Work
- Padgett, D. K. (2002) Social work research on disasters in the aftermath of the September 11 tragedy: Reflections from New York City. Social Work Research , vol 26, no 3, Sept. 185-192
- Clark, R. (2002) Enhancing Resiliency in Adults, Youths and Children: An Anticipatory Prevention Program to Help Citizens Manage Life Adversities and Crises. Annals of the American Psychotherapy Association, September/October 2002
- Smith, M., Lees, D., & Clymo, K. (2003) The readiness is all. Planning and training for post-disaster support work. Social Work Education, Vol. 22, No. 5

Nov. 16, ` Week XI

Changing policies, practices and attitudes

Media issues

Site Visit to American Red Cross

33 Everett Road, Albany, New York 12205

- *Doka, K.J., 2003. "Memorialization, Ritual and Public Tragedy." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 179-189.
- *Rosenfeld, L.B., Caye, J.S., Ayalon, O., & Lahad, M., 2005. When Their World Falls Apart: Helping Families and Children Manage the Effects of Disasters. Washington, DC: NASW Press. Chapter 13, pgs. 407-430.
- *Dolan, P.R., 2003. "Public Grief and the News Media." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 85-90.
- *Thompson, D.A., & Holland, E.J., 2003. "Meaning Making in the Wake of Public Tragedy." In Lattanzi-Licht, M., & Doka, K.J.,(Eds), Living With Grief, Coping With Public Tragedy. New York: Brunner-Routledge. Pgs. 165-178
- Marshall, B. K., Picou, J. S., & Bevc, C. A. (2005) Ecological Disaster As Contextual Transformation: Environmental Values in a Renewable Resource Community. Environment and Behavior, Vol. 37, No. 5, September 2005
- Fast, J. D. (2003) After Columbine: How People Mourn Sudden Death. Social Work,vol.8, no.4 484-491

Nov. 23, Week XII - No Class

Nov 30, Week XIII

Models for the future; globally, nationally, locally

Cross cultural, cross-national

- *Yanay, U., & Benjamin, S.(2003) The role of social workers in disasters. The Jerusalem experience. International Social Work 48(3): 263-276
- Sattler, D.N., & Kaiser, C.F. (2000) Hurricane Georges: A Multinational Study Examining Preparedness, Resource Loss, and Psychological Distress in the US Virgin Islands, Puerto Rico, Dominican Republic, and the United States. www.colorado.edu/hazards/qr/qr127/qr127.html.

Dec. 7, Week XIII

Student presentations, Videos